

4 Ways to Act

Send an email

Visit ncoa.org/Act

Select alerts on:

- Home Care
- Medicare Coverage



Make a phone call

HCBS: 877-689-2371
Medicare: 202-224-3121

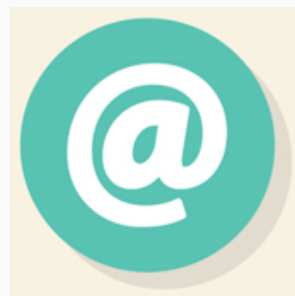
Ask to be transferred to your
Senators or Representative



Send a tweet

Use [#CareCantWait](https://twitter.com/CareCantWait)

@ mention your Senators and
Representative using their
Twitter handles



Share!

Ask your friends and colleagues
to act too!

