

General

There are several models that you can review to identify the characteristics of organizations that have been able to build and sustain capacity to implement a program or a policy. You may wish to refer to the [Sustainability Framework](#) developed by the Washington University's Center for Tobacco Policy Research (CTPR). This framework describes 8 domains of sustainability that can be used to measure an organization's capacity for sustainability. The CTPR also developed a [Program Sustainability Assessment Tool](#) and these [resources](#) to assess the level of sustainability of policy or programs.

Implement Evidence-Based Programs/Interventions that have a proven implementation and dissemination infrastructure

- [Strategy 1 Archives - Action ON Arthritis \(chronicdisease.org\)](#)
- [Arthritis-Appropriate, Evidence-Based Interventions \(AAEBI\) - Osteoarthritis Action Alliance \(unc.edu\)](#)
- [National Diabetes Prevention Program](#)
- [Find an Evidence-Based Program | NCOA](#)

Engage and leverage diverse local, state, regional and national partnerships/organizations that include funders, CBOs, healthcare providers, community care hubs, and other.

- Collaborate with Federally funded programs and other organizations: examples are- [STEADI Initiative](#), [CDC Work@Health Program](#), [National Diabetes Prevention Program](#), [BRIC](#), [Wisewoman](#), [Alzheimer's Disease and Healthy Aging](#), [State Physical Activity and Nutrition Program](#) and [High Obesity Program](#), [The Innovative Cardiovascular Health Program](#), cooperative extension universities, area agencies on aging, local YMCAs and YMCA State Affiliates and/or other fitness facilities, state and local park and recreation facilities, public libraries, faith-based organizations, community medical and social services, government funded healthcare organizations, healthcare systems, and others.

Link Community and Clinical organizations to refer patients

- [Strategy 2 Archives - Action ON Arthritis \(chronicdisease.org\)](#)
- <https://oaaction.unc.edu/oacaretools/>
- Engage a state [ACL/CDC](#) community care [Hub\(s\)](#) to support reimbursement for programs and other related services
 - [ACL/USAgging](#) Hub Webinars
 - <https://www.usaging.org/content.asp?admin=Y&contentid=1306>
 - Example of a hub: [Area Agencies on Aging | Caring for the Commonwealth \(vaaacares.com\)](#)

Leverage Community/Clinical Linkage Initiatives

- [An Integrated Approach to Falls Prevention: A Model for Linking Clinical and Community Interventions through the Massachusetts Prevention and Wellness Trust Fund - PMC \(nih.gov\)](#)
- [Design and implementation of a clinic-to-community, physical activity health promotion model for healthcare providers - PubMed \(nih.gov\)](#)
- [Developing a Primary Care–Focused Intervention to Engage Patients With Osteoarthritis in Physical Activity: A Stakeholder Engagement Qualitative Study - Ida Griesemer, Maihan B. Vu, Leigh F. Callahan, Rebecca Cleveland, Yvonne M. Golightly, Kimberlea Grimm, Katie Huffman, Amanda E. Nelson, Jennifer Rees, Kelli Allen, 2022 \(sagepub.com\)](#)
- [NACDD is Developing a Public Health Framework for Collaborative Arthritis Management and Wellbeing - National Association of Chronic Disease Directors](#)
- [360X Home - 360X - Confluence \(healthit.gov\)](#)
- [Health Care & Community Fitness Partners - Exercise is Medicine](#)

Leverage systems used to support patient referrals/electronic supports

- Utilize [program portals/locators](#) as well as other systems for connecting people with programs and services and managing data such as Compass, Workshop Wizard, HealthConnections, and [Social Health Access Referral Platforms \(SHARPs\)](#) such as Unite Us. Below are links to SHARPs and other tools.
- [UniteUs](#)
- [Findhelp](#)
- [RedCap Platform](#)
- [Healthie Platform](#)
- [Compass Platform](#)
- [Mon Ami](#)
- [Workshop Wizard](#)
- [Reliance eHealth Collaborative](#)
- State specific [211.org](#)
- [WellD Health](#)

Leverage CMS opportunities- Medicaid and Medicare Waivers, Guides, fee for services, etc.

- CMS [Chronic Care Management \(CCM\) Codes \(2023\)](#)
- [Medicare Chronic Pain Management Codes](#)
- Use [Physical Activity and Inactivity CPT codes](#)
- <https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/index.html>
- [Guiding an Improved Dementia Experience \(GUIDE\) Model | CMS](#)
- Principal Illness Navigation (PIN) <https://codingintel.com/principal-illness-navigation-pin-services/>
 - <https://public-inspection.federalregister.gov/2023-24184.pdf>
- [FACT SHEET: Biden-Harris Administration Announces Most Sweeping Set of Executive Actions to Improve Care in History | The White House](#)

Provide incentives to support healthcare providers to refer patients to evidence-based programs

- [2023 MIPS Quality Measures List.xlsx \(live.com\)](#)

Leverage other existing tools/guides/resources that can help sustain program implementation

- [Patterns of Sustainability Capacity Among Organizations That Deliver the National Diabetes Prevention Program: A Latent Profile Analysis \(cdc.gov\)](#)
- [Sustainability Planning Guide \(cdc.gov\)](#)
- [Frontiers | Editorial: Sustaining the implementation of evidence-based interventions in clinical and community settings \(frontiersin.org\)](#)
- [Sustaining Evidence-Based Prevention Programs: Correlates in a Large-Scale Dissemination Initiative | Prevention Science \(springer.com\)](#)
- [2022 National Strategy to Support Family Caregivers \(acl.gov\)](#)
- [Final-Summary-and-Recommendations-Report.pdf \(chronicdisease.org\)](#)
- [EIM-Health-Care-Providers-Action-Guide-clickable-links.pdf \(exerciseismedicine.org\)](#)
- [HL7.FHIR.US.PHYSICAL-ACTIVITY\Physical Activity Measures - FHIR v4.0.1](#)
- For arthritis: develop tailored materials to raise awareness among healthcare providers by using [OAAA Provider Toolkit](#), [OA EIM guide](#), [health.gov](#) resources, [ACR Clinical Guidelines](#), [Physical Activity Guidelines for Americans](#), [Mass Media and Communication - Osteoarthritis Action Alliance \(unc.edu\)](#); [Arthritis Communications Center | CDC](#)
- [Community-Clinical Linkages for the Prevention and Control of Chronic Diseases: A Practitioner's Guide \(cdc.gov\)](#)
- [618-HeartdDisease-DesignPackage-Final-011722.pdf \(pophealthinnovationlab.org\)](#)