



Background

The National Coalition on Mental Health and Aging (NCMHA) is an alliance of national, state, and local entities and individuals concerned with the mental well-being of older adults. We believe a strong system of mental health and substance use services benefits us all as we age.

The NCMHA provides opportunities for professionals, older adults and their families, and government agencies to work together towards improving the availability, affordability, quality and equitable delivery of mental health and substance use preventive, treatment, and recovery services to older adults and their families. View our membership list at <https://www.ncmha.org/membership/> .

The NCMHA achieves its objectives through collaboration, education, information sharing, contributions to policy formulation, increased public awareness, and engagement and support of state and local mental health and aging coalitions.

Ways to Get Involved

- Join your state's mental health and aging coalition. A list of coalitions can be found at <https://www.ncmha.org/state-local-coalitions/> . If your state does not have a coalition, consider starting one in partnership with others in your state or local community concerned about the mental health of older adults.
- Join the National Coalition on Mental Health and Aging and participate in NCMHA quarterly member meetings via Zoom (contact Kathleen Cameron at Kathleen.cameron@ncoa.org for more information)

If you want to learn more and/or have questions, please contact the NCMHA at <https://www.ncmha.org/about-us/contact-us-2/> .